

Endometriosis Treatment

Endometriosis is a chronic condition that requires a tailored approach to treatment, depending on the severity of symptoms and individual patient needs. Common treatments include pain management with medications such as non-steroidal anti-inflammatory drugs (NSAIDs), hormonal therapies to regulate or suppress menstruation, and in some cases, surgical intervention to remove endometrial tissue.

Lifestyle modifications, including regular exercise and a balanced diet, may also help alleviate symptoms. For women experiencing fertility issues due to endometriosis, assisted reproductive technologies like IVF can be considered. It is advisable to consult a gynaecologist to discuss the most suitable treatment options based on personal health circumstances.

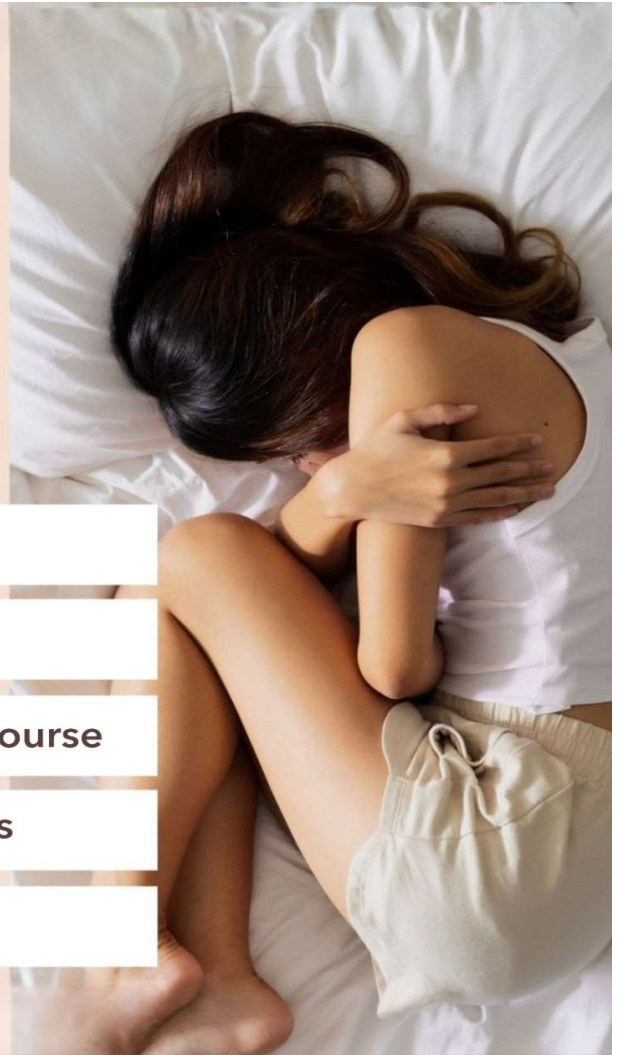
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Symptoms of **Endometriosis**

Endometriosis occurs when tissue similar to the uterine lining grows outside the uterus, causing pain and other health issues.

- 1 Severe menstrual cramps
- 2 Chronic pelvic pain
- 3 Pain during or after intercourse
- 4 Heavy or irregular periods
- 5 Difficulty conceiving



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