

Total Laparoscopic Hysterectomy in Kolkata

Total Laparoscopic Hysterectomy (TLH) is a minimally invasive surgical procedure wherein the uterus is removed using laparoscopic techniques. This approach involves making small incisions in the abdomen through which specialised instruments and a camera are introduced, allowing the surgeon to perform the operation with enhanced precision and reduced trauma to the surrounding tissues. Patients undergoing TLH typically benefit from faster recovery, less postoperative pain, and a shorter hospital stay compared to traditional open surgery.

In Kolkata, several reputed hospitals and surgical centres offer TLH, with experienced gynaecological surgeons employing advanced technologies to ensure safe and effective outcomes. The procedure is commonly recommended for conditions such as fibroids, abnormal uterine bleeding, endometriosis, or certain gynaecological cancers, when conservative management is unsuccessful or inappropriate.

Before undergoing TLH, patients usually undergo a thorough evaluation including blood tests, imaging, and consultations to assess suitability and to discuss potential risks and benefits. Post-surgery, most individuals can resume their routine activities within a week or two, though it is important to follow medical advice for optimal recovery.

Dr. Sharmishtha Patra FRCOG

Gynecologist, Obstetrician &
Laparoscopic Surgeon

Indications for Total Laparoscopic Hysterectomy

Total Laparoscopic Hysterectomy
is recommended for:

- Uterine Fibroids
- Endometriosis
- Adenomyosis
- Abnormal uterine bleeding

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