

Dr. Sharmishtha Patra MS, FRCOG

Gynecologist, Obstetrician &
Laparoscopic Surgeon

Treatment of Irregular Periods

Irregular periods can happen due to **hormonal changes, PCOS, thyroid problems, stress**, or other health conditions.



Treatment depends on the underlying cause and may include:



Lifestyle & weight management



Hormonal medicines



Treatment for PCOS or thyroid disorders



Medicines to manage heavy or prolonged bleeding



 **87775 33629 / 98305 92982**



BH-36, Sector-2, Salt Lake, Kolkata, 700091